

## Guide Medic Course June 5-6, 2024

### Prerequisites:

This course is open to mountain professionals (high mountain guides)

### By who :

- Owen Samuel (mountain guide, paramedic)
- Pierre Muller (Doctor and high mountain guide)

### Goals :

- Gain confidence to deal with complex situations.
- Become a reliable link in the chain of survival.
- Understand the limits and priorities that the mountain environment dictates to first aid. Refresh understanding of the principles of first aid priorities.
- Refresh understanding of common pathologies, anatomy and physiology.

### Training content :

- Effective rescue and evacuation actions on the ground.
- Technical terrain problems, with and without rope, with first aid adapted to these environments and accidents.
- Anatomy and Physiology (Respiratory, Cardiovascular, Neurological, Musculoskeletal)
- Pharmacology (global overview)

### Educational means :

- Online training and assessment 1/3. (6-8 hours of online learning and assessment which will cover medical issues, anatomy, physiology and pharmacology taking place during the month preceding the course)
- Theoretical lessons in classroom 1/3.
- Practical mountain workshops: medical scenarios dealing with difficult terrain and incident management 1/3

### Price :

- €200/day or €600 for 24 hours of lessons given over 3 days.

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### Training duration :

- One day between 05/05/2024 and 05/06/2024 for online training.
- 05/06/2024: classroom theoretical lessons
- 06/06/2024: practical workshops in the mountains

TOTAL: 3 Days of 8 hours or 24 hours of training.

### Access terms and deadlines:

- Be a High Mountain Guide.
- Payment of €600 **before May 1, 2024** with acceptance of the “registration slip” document.

### Achievement of objectives :

- Continuous assessment during training and online learning evaluation questionnaires.

### Place of training :

Chamonix.

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Doctor Pascal ZELLNER, PRESIDENT of the Association



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*\*Message from a guide who followed the training*

*“I had a client who suffered a compound fracture of the femur. Thanks to the Israeli bandage, my strap and “The Guide Medic Course” training I was able to manage this difficult situation. I was subsequently called by the doctor who treated him, he congratulated me for my action and assured me that it had largely contributed to saving his life”*

*James Clapham BMG IFMGA(Modifié)Restaurer la traduction d'origine*

