

# Medical training for mountain professionals

**Guide Medic Course** 



#### **Prerequisite:**

This training is open to mountain professionals (mountain guides)

## By who:

The courses are taught by:

- Owen Samuel (Paramedic Guide, British)
- Pierre Muller (Doctor and mountain guide)

# **Objectives:**

- Gain confidence to deal with complex situations.
- To become a reliable link in the chain of survival.
- Understand the limits and priorities that the mountain environment dictates to first responders. Refresh the understanding of the principles of first aid priorities.
- Refresh the understanding of common pathologies, anatomy and physiology.

## **Content of the training:**

- Rescue and evacuation actions effective in the field.
- Technical problems in the field, with and without rope, with first aid adapted to these environments and accidents.
- Anatomy and Physiology (Respiratory, Cardiovascular, Neurological, Musculoskeletal)
- Pharmacology (global overview)

## **Teaching resources:**

- 1/3.(6-8 hours of online learning and assessment that will cover medical issues, anatomy, physiology, and pharmacology taking place in the month prior to the course)
- Theoretical courses in the classroom 1/3.



• Practical workshops in the mountains: medical scenarios dealing with difficult terrain and incident management 1/3

#### **Price:**

• 200 €/day or 600 € for 24 hours of lessons given over 3 days.

# **Duration of the training:**

2 days in person and 1 day remotely

TOTAL: 3 days of 8 hours or 24 hours of training.

## Access terms and deadlines:

- To be a mountain guide.
- Payment of 600€ 1 month before the start of the training with acceptance of the "registration form" document.

# **Achievement of objectives:**

• Continuous evaluation during training and e-learning evaluation questionnaires.

# **Accessibility:**

• This training is not accessible to people with reduced mobility

## **Training location:**

Chamonix.

**Doctor Pascal ZELLNER**, PRESIDENT of the Association