

Medical training for mountain professionals

Prerequisite:

This training is open to mountain professionals (mountain guides)

By who:

The courses are taught by:

- Owen Samuel (Mountain Guide, Paramedic, Paramedic)
- Pierre Muller (Doctor and mountain guide)

Objectives:

- Gain confidence to deal with complex situations.
- To become a reliable link in the chain of survival.
- Understand the limits and priorities that the mountain environment dictates to first responders. Refresh the understanding of the principles of first aid priorities.
- Refresh the understanding of common pathologies, anatomy and physiology.

Content of the training:

- Rescue and evacuation actions effective in the field.
- Technical problems in the field, with and without rope, with first aid adapted to these environments and accidents.
- Anatomy and Physiology (Respiratory, Cardiovascular, Neurological, Musculoskeletal)
- Pharmacology (global overview)

Teaching resources:

- 1/3.(6-8 hours of online learning and assessment that will cover medical issues, anatomy, physiology, and pharmacology taking place in the month prior to the course)
- Theoretical courses in the classroom 1/3.
- Practical workshops in the mountains: medical scenarios dealing with difficult terrain and incident management 1/3

Price:

• 200 €/day or 600 € for 24 hours of lessons given over 3 days.



Duration of the training:

- One day of e-learning to be completed during the month before the start of the training
- One day of theoretical classes in the classroom
- One day practical workshops in the mountains

TOTAL: 3 days of 8 hours or 24 hours of training.

Access terms and deadlines:

• To be a mountain guide.

Achievement of objectives:

• Continuous evaluation during training and e-learning evaluation questionnaires.

Training location:

CHAMONIX

Doctor Pascal ZELLNER, PRESIDENT of the Association

IFREMMONT
Institut de Formation et de Recherche
en Médecine de Montagne
509 route des Pèlerins
Hôpital de Chamonix
74400 CHAMONIX

"I had a client who suffered an open fracture of the femur. Thanks to the Israeli bandage, my strap and the training "The Guide Medic Course" I was able to handle this difficult situation. I was called in a second time by the doctor who treated him, he congratulated me on my gesture and assured me that he had largely contributed to saving his life" | James Clapham BMG IFMGA

^{*}Message from a guide who has completed the training